

Souvenaid®

A food for special medical purposes that nutritionally supports memory function during the early stages of Alzheimer's disease

Features

- Souvenaid is a food for special medical purposes that nutritionally supports memory function during the early stages of Alzheimer's disease
- Souvenaid contains a unique combination of nutrients, called Fortasyn™ Connect, designed to meet the specific nutritional needs of people in the early stages of Alzheimer's disease. These include: **DHA***, **EPA***, **UMP#**, **choline**, **B vitamins**, **selenium**, **phospholipids**
- Available in two flavours: vanilla and strawberry
- Gluten and lactose free



Indications

- For the dietary management of early Alzheimer's disease
- To be used as a supplement to the normal dietary intake (not suitable as sole source of nutrition).
- For enteral use only

Contraindications

- Not for intravenous use
- Not suitable for patients with allergies to fish oil, milk or soy
- Not suitable for patients with Galactosaemia

Precautions

- Souvenaid does contain carbohydrate and as with other foods containing carbohydrate, it is advisable for people with diabetes to monitor their blood glucose levels as per normal.

Directions for use

- Souvenaid is designed to be taken as one bottle (125ml) once a day, in addition to the normal dietary intake
- The length of use of Souvenaid by an individual should be determined by their healthcare professional
- Shake well before use
- Ready to drink and best served chilled

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused contents after 24 hours

Ordering Information

- Available in pharmacies
- Available from Nutricia Customer Service 1800 884 367
- Available online www.souvenaid.com.au

Souvenaid	Code	Units per carton
Vanilla	65631	24
Strawberry	65632	24

Ingredients (strawberry flavour)

Water, maltodextrin, sugar, **fish** oil, **milk** proteins, flavouring (strawberry), uridine 5'- monophosphate disodium salt, choline chloride, acidity regulator (citric acid), stabilisers (microcrystalline cellulose and sodium carboxymethylcellulose), potassium citrate, **soy** lecithin, calcium hydroxide, sodium L-ascorbate, DL- α -tocopheryl acetate, colour (carminic acid), magnesium hydroxide, potassium hydroxide, sodium chloride, sodium selenite, ferrous lactate, sodium citrate, pteroylmonoglutamic acid, cyanocobalamin, zinc sulphate, retinyl acetate, nicotinamide, pyridoxine hydrochloride, copper gluconate, manganese sulphate, chromium chloride, calcium D-pantothenate, D-biotin, cholecalciferol, thiamin hydrochloride, sodium molybdate, riboflavin, potassium iodide, phytomenadione.

•**DHA**: docosahexaenoic acid, **EPA**: eicosapentaenoic acid (DHA & EPA are omega-3 polyunsaturated fatty acids)
UMP: uridine monophosphate

A Food for Special Medical Purposes; intended to be used under medical supervision.

For more information call the
Nutricia Clinical Care Line **1800 060 051**

NUTRICIA
Advanced Medical Nutrition

Souvenaid

Nutrition Information		Per 100ml	Per Serve*
Energy	kcal	100	125
	kJ	420	525
Protein	g	3 (12%E)	3.75
Carbohydrate	g	13.2 (52%E)	16.5
Sugars	g	6.4	8
as Lactose	g	<0.025	0.03
Fat	g	3.9 (36%E)	4.9
Saturates	g	1.3	1.6
Monounsaturates	g	0.7	0.9
Polyunsaturates	g	1.5	1.9
EPA^	mg	240	300
DHA^	mg	960	1200
$\omega 6 / \omega 3$ ratio		0.18:1	
Fibre	g	0 (0%E)	0
Water	g	84	105

Minerals		Per 100ml	Per Serve*
Sodium	mg	100	125
	mmol	4.3	5.4
Potassium	mg	150	188
	mmol	3.8	4.8
Calcium	mg	80	100
Phosphorus	mg	70	88
Magnesium	mg	20	25
Chloride	mg	125	156
Ca:P ratio		1.1:1	

Vitamins		Per 100ml	Per Serve*
Vitamin A	$\mu\text{g-RE}$	160	200
Vitamin D	μg	0.7	0.9
Vitamin E	mg- α -T.E.	32	40
Vitamin K	μg	5.3	6.6
Vitamin C	mg	64	80
Thiamin	mg	0.15	0.2
Riboflavin	mg	0.16	0.2
Niacin	mg NE	1.8	2.3
Vitamin B6	mg	0.8	1
Vitamin B12	μg	2.4	3
Folic Acid	μg	320	400
Pantothenic Acid	mg	0.53	0.7
Biotin	μg	4	5

Trace Elements		Per 100ml	Per Serve*
Iron	mg	1.6	2
Zinc	mg	1.2	1.5
Manganese	mg	0.33	0.4
Copper	μg	180	225
Iodine	μg	13	16.2
Molybdenum	μg	10	12.5
Selenium	μg	48	60
Chromium	μg	6.7	8.4
Fluoride	mg	0	0

Other		Per 100ml	Per Serve*
Uridine 5'-monophosphate	mg	500	625
Choline	mg	320	400
Osmolality	mOsmol/kgH ₂ O	560	(vanilla)
		580	(strawberry)

^EPA: Eicosapentaenoic acid; DHA: Docosahexanoic acid
*125ml bottle